

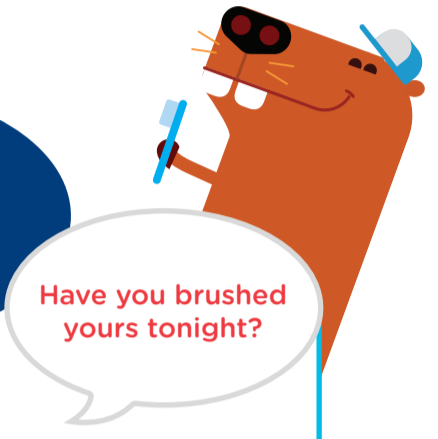
Brush Story Sleep



Night-time Brush Chart

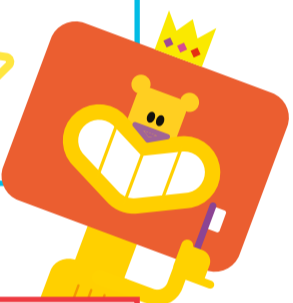
Use this 21-nightly brush chart to track your progress!

77%
of your friends
always brush their
teeth at night.



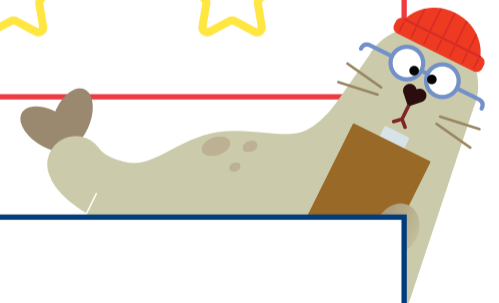
WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PARENT OR GUARDIAN	★	★	★	★	★	★	★
ME	★	★	★	★	★	★	★



WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PARENT OR GUARDIAN	★	★	★	★	★	★	★
ME	★	★	★	★	★	★	★



WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PARENT OR GUARDIAN	★	★	★	★	★	★	★
ME	★	★	★	★	★	★	★

